

New Baby Checklist

Congratulations on your growing family! What an exciting time – and also a time when our ways of thinking change. Your life now includes planning for more than just you and your spouse; now there is a little one (or two) to look out for! We are here to help you navigate the process of planning for the future. This is the type of thing that all parents know they need to do, don't really want to think about, and would like to just have "handled" – our goal is to guide a meaningful conversation that will result in your wishes for your children being on paper. After that it will be stored away safely and hopefully never necessary.

We've also included a few other suggestions for documents to organize along with your Estate Planning. Not everyone can accomplish all of these tasks, but ideally you will have taken the following steps to protect your child:

Planning for the Future

Will + Children's Trust

- I have created a Will, that reflects my current family, and includes a Guardianship clause
- If I have a Special Needs Child, I have asked about setting up a Special Needs Trust

Durable Power of Attorney

- I put a DPOA, for both financial and medical purposes, in place and explained to the assigned person how and when to use it

Advance Health Care Directive

- I created an Advance Health Care Directive and explained to my agent their responsibilities and my desires.
- I have filled out the "Values Statement" to provide extra guidance, if so desired

Other Records + Considerations

I have obtained and put these important documents in a safe place:

- Family Member's Birth Certificates + Social Security Cards
- Immunization Records

Life Insurance

- I checked that the beneficiary on my life insurance policy is accurate or I am considering getting life insurance

Named Beneficiaries

- I set up my bank accounts, life insurance, or other investments to reflect my Estate Planning wishes

Breastfeeding

- I understand that if summoned for jury duty while I am breastfeeding, I may try to be excused by claiming an "undue hardship or extreme inconvenience"
- Breastfeeding in public is not considered indecent exposure. (RCW 43.70, 9A.88.010) Breastfeeding mothers are protected under state anti-discrimination law, and can breastfeed their children in public places. No one, including business owners or employees can tell a mother to leave, go to the restroom, or cover the child. (RCW 49.60.030 and 49.60.215). This law does not apply to employees.

Temporary Guardian Affidavit

- I am aware of what a Caregiver Affidavit Form is and where I can find one or create one